

## Join in supporting the AnglicareSA Christmas Food Hamper Drive

**This Christmas AnglicareSA aims to hand out over 1,500 food hampers and gifts to support families and individuals who need some help. Will you donate an item?**

### General Hamper:

- Long Life Milk 1L
- Spread (peanut butter, jam, vegemite) 400/500g
- Can of Fruit 825g
- Can of Vegetables (corn, peas, mix) 420g
- Can of Beans (chickpea, cannellini, kidney)
- Can of Baked Beans or Spaghetti 420 g
- Can of Soup
- Can of Diced Tomatoes
- Jar of Pasta Sauce 500g
- Packet of Pasta 500g
- Breakfast Cereal 700g
- Coffee, Milo or Tea

### Christmas Fare Hamper

- Christmas Pudding
- Pkt Fruit Mince Pies
- Tin/Pkt Shortbread or Sweet Biscuits
- Pkt Savoury Biscuits (Jatz, Shapes or rice crackers)
- Chips (crisps, pretzels, nuts)
- Bag of Lollies

(please leave unwrapped)

### Final date for all donations is

Drop off items to:

A Tax Deductible gift can also be made to the 2021 AnglicareSA Christmas Appeal. Simply visit our website [www.anglicaresa.com.au](http://www.anglicaresa.com.au) to donate today.

Merry Christmas and thank you for your support.

